### ARULMIGU PALANIANDAVAR ARTS COLLEGE FOR WOMEN, PALANI (Autonomous) Nationally Re-accredited with B<sup>++</sup> by NAAC in 3<sup>rd</sup> Cycle Affiliated to Mother Teresa Women's University, Kodaikanal) Phone: 04545 - 255128/255711, Website: <u>www.apacwomen.ac.in</u> E-mail: <u>apacwprincipal@gmail.com</u>

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## 7.3.1: INSTITUTIONAL DISTINCTIVENESS

# Self- Sustenance, Self- Efficacy and Holistic Empowerment of Women through Education

Women empowerment is our sense of self-worth, ability to determine our choices, and even our right to determine social change. It is important because it gives women the confidence and skills necessary to stand up for themselves and others. At Arulmigu Palaniandavar Arts College for Women, Palani women empowerment can be seen all across campus from events to clubs and organizations. Every student is working towards finding her individual purpose.

**Self- Sustenance** is the quality most needed for women today. The students of the college find the suitable ambiance to nourish themselves and chisel themselves into women of efficiency. The college strives by adopting various constructive ways and means to mould the rural women Learners into efficient and self-reliant women. The metamorphosis of attaing holistic empowerment is the ultimate aim of the college.

### Vision and Mission Reflecting Women Empowerment:

The college bears the pride of being the first Arts and Science College to attain the Autonomous Status in Dindigul District. It serves as an academic beacon light for the women of rural communities and is devoted solely to the women's cause. The college's noble vision, mission and objectives target building an Egalitarian Society where the women power and force is used for the national development through assuming challenging roles.

## Vision and Mission of Departments:

Each department in the college works with the lofty and cumulative vision of empowering women through the enriched curriculum. 109 proficient educators with social and global perspectives are committed to realize the college's vision of women empowerment.

#### **Education for the Underprivileged Women:**

The college follows the process of admitting students to the programmes through a transparent, well-administered mechanism, complying with all the norms of the State Government of Tamil Nadu. It ensures equity and wide access having representation of women student community from different geographical areas and socio-economic, cultural and educational backgrounds.

• 92.78% of student admission in spite on mushrooming colleges around

#### Support Mechanism & Good Practices:

#### **Common Prayer, Yoga & Meditation:**

The institution promotes value-based education for inculcating social responsibility and good citizenry amongst its student community. Every day the college starts with the common prayer. Yoga and meditation practices are taught at the under-graduation level as part of the curriculum.

#### The Upgraded Departments:

The Institution's concern for student progression to higher studies and/or to employment is a pertinent issue. The institutional provisions facilitate vertical movement of students from one level of education to the next higher level. The Governing Body of the college has promoted the vertical growth by attaining the Postgraduation status to five UG departments in 2022.

#### **Financial Aid:**

All the efforts of the institution are to provide necessary assistance to students, to enable them to acquire meaningful experiences for learning at the campus and thus facilitate their holistic development and progression. The college makes the scholarships and freeships of the State Government of Tamil Nadu available to the students. Quotable services are –

- BC / MBC / Other Minority Scholarship from Dept. of Backward Class Welfare, Govt. of Tamil Nadu
- SC / ST Scholarship from Dept. of Adi Dravida Welfare, Govt. of Tamil Nadu
- Tamilnadu Adidravidar Welfare Higher Education Special Scholarship / Loan Scholarship from Dept. of SC/ST Welfare, State Govt. of Tamilnadu

#### Free Breakfast Scheme:

As per the Announcement No – 53 in the Legislative Assembly of State Government of Tamil Nadu, it is decided to adopt Free Breakfast Scheme to the students in the college.

The expenses for the same are met out from the Fund of Arulmigu Dhandayuthapani Swamy Thirukkoil, Palani. Nearly 500 students get benefitted by the scheme every day. **Puthumai Penn (New Women) Scheme:** 

Moovalur Rmamamirtham Ammaiyar Higher Education Assurance Scheme has been rolled out by the State Government of Tamil Nadu for the benefit of the girl students with schooling in Tamil Medium. The college has adopted the scheme in full swing for the welfare of the students.

#### **Skill Enhancement & Entrepreneurship Training:**

The institution promotes active participation of the students in social, cultural and leisure activities. Encouraging students' participation in activities facilitates developing various skills and competencies and foster holistic development.

- Project works on 'Green Marketing'
- Voluntary Participation in Green Marketing Practices
- Earn-while-ou-Learn programmes and Carnivals
- Utilizing the local available resources to gain practical knowledge in small scale industries

#### **Progression to Higher Studies and Employment:**

The college bears the facilitating mechanisms such as Career Guidance and Placement Cell, Grievance Redressal cell and welfare measures to support the women learners. It assures the progression of students to higher education and gainful employment. The Alumni profiles stand witness to the student performance in the college.

The best facility is extended to the NCC cadets and the sports players by promoting then to full-fledged professionals.

- Sports Teamin All India Level Kabaddi KHELO INDIA Tournaments
- Consecutive winner of Chief Minister's Trophy in State level Kabaddi Tournaments for the past 11 years.

• 5 players representing Mother Teresa Women's University Kabaddi Team at South Zone Inter-University Kabaddi tournament

- 20 sports persons securing Form III from Mother Teresa Women's University
- NCC Cadets shortlisted for State level and National level Republic Day Camps
- NCC cadet servicing in Border Security Force since 2023
- NCC cadets securing 36<sup>th</sup> position in 2019 in G.V.Moulangar Shooting Championship

• Out of the 104 NCC cadets, 30 cadets secure 'C' certificate and 35 cadets secure 'B' certificate every year

#### **Placement Cell:**

The invited services for recruitment of suitable candidates are -

- Blue Ocean Personnel & Allied Services Pvt. Ltd
- Sureti Insurance Marketing Pvt. Ltd
- Magic Bus India Foundation, Coimbatore
- VVDN Technologies Pvt. Ltd., Pollachi
- Tech Mahindra, Chennai
- SBI Life Insurance, Udumalpet

#### **Gender Audit:**

The college has been steadily progressing in its academic endeavours, setting new research goals, undertaking innovative extension works, and training the women in various skills through a plethora of women empowerment programmes. As a finale, the college conducted Gender Audit for the academic years 2018 – 2023 with the Vice-Chancellor of Mother Teresa Women's University as the Chairperson.

Link to Documents: http://apacwomen.ac.in/pdf/naac/df/DF.pdf

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